

The Weapon of Communion for Healing

Communion is a powerful warfare weapon for us who believe.

We break the body and eat and drink the blood not only to remember Christ's death but also to receive what Christ has freely given in his death.

With the weapon of communion, you can take healing for your physical body.

If the wrongful practice around the communion sacrament can cause some among us to be weak in body and even death (1 Corinthians 11:30) then the rightful observation of the same can give health, healing, and vitality to the believer.

Read: 1 Corinthians 11:17-33. John 6:25-58. Isaiah 53:4-5.

The bread that is broken for communion represents the body (the flesh) of Jesus broken for you.

The drink that is taken in the cup for communion represents the blood (the shed blood) of Jesus poured out for you.

All done for the remission of sin. For the cleansing of our body, soul and spirit. With communion you are receiving the finished work of Christ on the cross for you.

It is upon this premise that you can receive physical healing by communion.

How often should you have communion:

As often as you do this (1 Corinthians 11:26). The issue is not how often it's the spirit in which it is done whenever it is done. It is always done in remembrance of the price Christ paid for you and for your healing. For healing, I recommend at least once or twice daily with the devotion one would have to a doctor's prescription. God being the doctor in this case.

What do you need:

Any bread and any non-alcoholic drink.

Heart posture:

- We come to God with sincere hearts believing that God does not lie. If his word says it then it is so (Psalm 138:6, Isaiah 55:11, Hebrews 4:12).
- We repent of any sin known to us. Both of commission and omission. Sometimes sickness finds place in our bodies because of our sin.
- We forgive completely and utterly all those that we have offense against. We make peace with those who have offense against us (Mathew 18:21-35).
- We enter his presence with thanksgiving and his courts with praise knowing full well that God will do what He does. He will heal our diseases (Psalm 100:4).

Communion:

Take bread: Give thanks and break it.

Say: "This is Christ's body which is broken for me, I do this in remembrance of Christ."

Take the cup:

Say: "This cup is the new covenant in Christ's blood. Whenever I drink this, I drink in remembrance of this new covenant I have in Christ."



Pray this:

1 Corinthians 11:26

For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

Communion is a proclamation of the Lord's death.

Hebrews 2:14-15

Since the children have flesh and blood, he (Christ) shared in their humanity so that by his death he might destroy him who holds the power of death that is the devil; AND free those who all their lives were held in slavery by their fear of death.

In his death, Christ destroyed him who holds the power of death; Christ destroyed the devil.

If you are proclaiming his death in communion; you are proclaiming that the devil is destroyed over you, over your flesh and over your blood.

That's why the sacrifice of Christ was made in the same currency.

Prayer 1:

By my eating Christ body broken for me, and drinking his blood shed for me. I am proclaiming Christ's death and therefore I am proclaiming Christ's destruction of the devil who holds the power of death. As these elements move into my body, they destroy every work of the devil in my body. They destroy every abnormal growth, irregularities etc. (Mention all the symptoms of your condition)

By eating these elements, I am free from the fear of death. I am not in bondage of fear for my life in Jesus' name.

1 Corinthians 11:27-31.

So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. 28 Everyone ought to examine themselves before they eat of the bread and drink from the cup. 29 For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. 30 That is why many among you are weak and sick, and a number of you have fallen asleep. 31 But if we were more discerning with regard to ourselves, we would not come under such judgment.

Prayer 2:

I have examined myself; I discern the body of Christ in the eating of this bread and drinking of this cup. I am therefore eating them in a worthy manner. Because the word of God is true and God cannot lie, by this word, I am not judged. I am redeemed from the judgment that comes to those that do not examine themselves. Therefore, all weakness, all sickness and this impending death sentence upon my life is illegal according to this word. I am free from the judgment in my body. All weakness, all sickness, this death sentence on my life must leave my body for I am not judged. By this communion, I am blessed and enjoy the benefits of those that eat the bread and drink the cup in a worthy manner.

John 6:33

For the bread of God is he who comes down from heaven and gives life to the world

Prayer 3:

By eating this bread, the broken body of Jesus, I proclaim that Christ has come down from heaven and given me new life in this world. I have the life of Christ in me.

John 6:50

But here is the bread that comes down from heaven which a man may eat and not die.

Prayer 4:

As I eat of this bread, the broken body of Christ, I will not die but be restored. He was broken in his body that all my brokenness may be restored to wholeness. I am whole in my body because I eat of the broken body of Christ. I exchange my brokenness for his brokenness. I take on wholeness in Jesus' name.

John 6:53

Jesus said to them, "I tell you the truth, unless you eat the flesh of the son of man and drink his blood, you have no life in you."

Prayer 5:

I am eating the flesh of the son of man and drinking his blood, I therefore have life in me. Every deadness in my body is being resurrected back to life by his flesh and his blood. Every death giving growth in my body is dying because of his flesh and his blood. His blood is washing out all that is in me that produces death. His flesh is regrowing all that is in me that had died in Jesus' name.

John 6:55

For my flesh is real food and my blood is real drink.

Prayer 6:

For this flesh that I now take is real food; its restoring all that is broken in my mortal body. This blood I now drink is real drink washing away every uncleanness and toxicity in my body in Jesus' name.

John 6:56&57

Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living father sent me and I live because of the father, so the one who feeds on me will live because of me.

Prayer 7:

As I eat Christ's body and drink Christ's blood. I remain in Him, and Christ remains in my mortal body. Where the spirit of Christ is there is liberty. My mortal body is now liberated of all sickness and disease because Christ lives in it. I live because I have fed on Christ's body and drank of his blood just as Christ lives because the father lives in Jesus' name.

John 6:58

This is the bread that came down from heaven. Your forefathers ate manna and died, but he who feeds on this bread will live forever.

Prayer 8:

Because I eat the body of Christ and drink his blood I will not die. I live in Jesus' name.

Isaiah 53:4&5

Surely, he took up our pain
and bore our suffering,
yet we considered him punished by God,
stricken by him, and afflicted.
5 But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was on him,
and by his wounds we are healed.

Prayer 9:

As I eat Christ's body and drink his blood. I proclaim that Christ took up my pain. Christ bore my suffering. Yet I considered him punished by God, stricken by him, and afflicted. But Christ was pierced for my transgressions and all the consequences of that transgression including all diseases (name the condition.....). Christ was crushed for my iniquities. The punishment that is bringing me peace right now was on him and by Christ's wounds and death I am healed.

Romans 6:3-10

3 Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? 4 We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. 5 For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. 6 For we know that our old self was crucified with him so that the body ruled by sin might be done away with,[a] that we should no longer be slaves to sin— 7 because anyone who has died has been set free from sin. 8 Now if we died with Christ, we believe that we will also live with him. 9 For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. 10 The death he died, he died to sin once for all; but the life he lives, he lives to God. 11 In the same way, count yourselves dead to sin but alive to God in Christ Jesus.

Prayer 10:

- *a. I have been baptized into Christ Jesus; I therefore have been baptized into his death.*
- *b. I was buried with Christ through baptism into death.*
- *c. Since Christ has been raised from the dead through the glory of the father, I am too live a new life.*
- *d. Since I have been united with him in his death, I am united with him in his resurrection. There is no death in me; there is only resurrection.*
- *e. My old sinful self and its fruit was crucified with him, the body that was ruled by sin is done away with. The body I have now bears no fruit of sin in it.*
- *f. I have died to sin; I am free from sin and all its consequences. Disease and sickness are a fruit of sin. You cannot live in this body. There is no fruit of sin in this body.*
- *g. I died with Christ; I also live with him in my mortal body.*
- *h. Christ was raised from the dead; he cannot die again. Death, you have no mastery over him, and you have no mastery over me. You must leave in Christ's name, Christ cannot die again. I cannot die.*
- *i. The life I now live I live in Christ, just as the life Christ lives, he lives to God.*
- *j. I am dead to sin and all its fruit including(name the condition), I am alive to God in Christ Jesus.*

Conclusion:

Revelation 1:5-6

All glory to Him who loves us and has freed us from our sins by shedding his blood for us. He has made us a kingdom of priests for God his father, All glory and power to him forever and ever. Amen.

Final prayer:

Spend time in thanksgiving for what God has done in your body.

All glory to Christ, you who loves me and has freed me (my whole body, soul and spirit) from my sin and its consequences (name the condition) by shedding your blood for me. I am now a kingdom priest for God.

All glory and power to Christ.

**FOREVER AND EVER. AMEN AND HALLELUJAH.
I AM HEALED.**

