



Hello and Welcome;

It's a new year and you should get ready for a whole new you.

Embracing YOU is back to help you rethink all those notions about yourself that compromised what God wants to do in your life. It's time for you to get to know who you truly are.

This season we have added a prayer lesson; I will help you learn how to pray effectively this year. There are effective and non-effective prayers. Scripture tells us how to pray effectively. By the end of April, you will know who you are and how to walk in prayer to manifest that person that God has you to be.

Welcome to this season of Embracing YOU!!! Buckle up and let's enjoy the ride.

This is the schedule and run down of our time together.

Invite everyone you love.

**Embracing YOU Season 2; 2023. Saturday 3.00-4.30PM.**

4069 W. Republic Rd. Springfield MO: Silver Leaf Main Building. Building A.

Date	Topic	Book Page	Journal Page	Prayer Lesson
Sat. 28th Jan	I am a Gift	50	52	What is prayer?
Sat. 4th Feb	I am God's display	62	64	What are the different kinds of prayer?
Sat. 11th Feb	I am included	74	76	When does God not answer prayer?
Sat. 18th Feb	I am mature	82	85	What kind of prayers does God answer?

Sat. 25th Feb	I am careful with my speech	94	96	How to pray effectively?
Sat. 4th Mar	I am light	106	108	Scripture & Prayer
Sat. 11th Mar	I know the will of God	114	116	Formulating Prayer
Sat. 18th Mar	I love myself	122	124	Stand
Sat. 25th Mar	I am strong in the Lord	134	136	Practice Run 1
Sat. 1st Apr.	I am honoring	126	128	Practice Run 2
Sat. 8th Apr.	I am equipped to stand	138	140	Q & A
Sat. 15th Apr	I am prayerful	142	144	Q&A